



Holy Trinity Eastern Orthodox Nursing & Rehabilitation Center

Calendar of Activities

January 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 MAY YOUR NEW YEAR <i>sparkle</i> —AND— <i>shine</i>	1 10:00- Exercise- C 10:30- Exercise- V 11:00- Exercise- H 2:00- Bingo- D 	2 10:00- Exercise Circle- All units 10:45- Trivia and Word Games- All units 2:00- Catholic Services- Chapel 2:15- Crafts & Coloring- D 3:00- Coffee Social- D 6:30- BINGO- D	3 9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:30- Baptist Services- Conference Room 2:00- Travel Video- D 3:00- Coffee Social- D 6:30- Music with Jeff- All units	4 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Welcome New Year Tea Party- D 6:30- Bingo- D 	5 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Music Therapy- D 3:00- Coffee Social- Main Dining Room 6:00- Manicures with Cara- All units	6 10:00- Exercise Circle- C 10:15- Exercise- V 10:45- Exercise- H 10:45- Trivia- H 2:00- BINGO-D
7 TV Catholic Channel- 8:00 & 12:00 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- V 2:10- Red Sox vs' twins	8 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Tribute to Elvis Social- D  3:00- Coffee Social- D 6:00- Peanut Butter & Jelly Cart- all units	9 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Rosary- Chapel 2:15- Crafts & Coloring- C & H 3:00- Coffee Social- D 6:30- BINGO- D	10 9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- Table Games- D 3:00- Coffee Social- D 6:00- Cookie Fun-H 7:00- Cookie Fun-C	11 10:00- Exercise- all units 10:45- Trivia and Word Games- all units 2:00- St. Mary's Coffee Social- D 3:00-Sing-a-long- D- Main Dining Room 6:30-Bingo- D 	12 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Baking Club- D 2:00- Music Therapy- C 3:00- Music Therapy- H 3:00- Coffee Social- Dining Room 6:00- Manicures with Cara- All units	13 10:00- Exercise Circle- C 10:15- Exercise- V 10:45- Music & Movement-H 10:45- Trivia Fun- V 2:00- BINGO-D 7:10- Red Sox vs' rays
14 TV Catholic Channel- 8:00 & 12:00 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- V	15 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Hangman Game- D 3:00- Coffee Social- D 6:00- Peanut Butter & Jelly Cart- all units	16 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Catholic Services- chapel 2:15- Crafts & Coloring- D 3:00- Coffee Social- D 6:30- BINGO- D	17 9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- Ice Cream Sundae Social-D 3:00- Coffee Social- MDR 6:00- Cookie Fun-H 7:00- Cookie Fun-C 	18 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- St. Spyridon Coffee Social- D 3:00-Sing-a-long- D 6:30- Bingo- D	19 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Music Therapy- D 3:00- Coffee Social- D 6:00- Manicues with Cara- all units	20 10:00- Exercise Circle- C 10:30- Exercise Circle- V 11:00- Music & Movement-H 2:00- BINGO-D 4:05- red SoX vs' athletics
21 TV Catholic Channel 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- V	22 10:00- Exercise Circle- A 10:45- Trivia Fun- A 2:00- Musical movie Sing-a-long- D 3:00- Coffee Social- Dining Room 6:00- Peanut Buter & Jelly Cart- all unit	23 10:00- Exercise Circle- A 10:45- Trivia Fun- A 2:00- Rosary- Chapel 2:15- Crafts & Coloring- C & H 3:00- Coffee Social- D 6:30- BINGO- D 	24 9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- Music with Alexandria- D 3:00- Coffee Social -D 6:00- Cookie Fun-H 7:00- Cookie Fun-C	25 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Bowling- D  3:00- Coffee Social- D 6:30- Bingo -Main Dining Room	26 10:00- Exercise- all units 10:15- Dining Committee- MDR 10:45- Word Games & Trivia- all units 2:00- Red Hat Society- D 2:00- Music Therapy- C 3:00- Music Therapy- H 3:00- Coffee Social- D 7:10- red Sox vs' mariners	27 10:00- Exercise Circle- C 10:00- Exercise Circle- V 10:45- Music & Movement-H 10:45- Trivia Fun- V 2:00- BINGO-D 4:05- red Sox vas' Mariners
28 TV Catholic Channel 10:00- Coffee Cart Visits- All units 2:00- Afternoon Movie- V	29 10:00- Exercise Circle- A 10:45- Trivia Fun- A 1:45- Resident Council- D 2:15- Music & Manicures- D 3:00- Coffee Social- Dining Room 6:00- Peanut Buter & Jelly Cart- all unit	30 10:00- Exercise- all units 10:45- Word Games & Trivia- all units 2:00- Catholic Services- Chapel 2:15- Crafts & Coloring- D 3:00- Coffee Social- D 6:30- BINGO- D	31 9:30- Divine Liturgy- D 10:00- Exercise- C & H 10:45- Word Games- C & H 2:00- January Birthday Party- Music with Paul- D 3:00- Coffee Social -D 6:00- Cookie Fun-H 7:00- Cookie Fun-C 	V= Village Dayroom C= Courtyard Dayroom H= Hillside Dayroom D= Dining Room	Contact an Activity Staff with any questions or sug- gestions	*calendar is subject to change, changes will be posted on the daily schedules *